

Woman and the New Race

by Margaret Sanger (1879-1966)

Margaret Sanger was an American nurse and sex educator who became one of the leading birth control activists of her time. At one point she even served jail time for importing birth control pills – then illegal – into the United States. Woman and the New Race (1920) is her treatise on how the control of population size would not only free women from the bondage of forced motherhood, but would elevate all of society. The original fight for birth control was closely tied to the labor movement as well as the Eugenics movement, and her book provides fascinating insight to a mostly-forgotten but turbulent battle in early 20th century America.

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Read by Becky Cook

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